



## Food For Thought Challenge

March 2016

### In This Issue:

Featured School: McComb

FFA

Youth Advisory Board Spotlight:

Brent Ball

About Us

Dear Ohio FFA Food For Thought Challenge Finalists and Industry Representatives,

Wow! There are only two months left until State Convention! This is very exciting, because most of the teams activities should be completed by now. That means, it is presentation preparation time. This week the newsletter highlights the McComb FFA Food For Thought team and their Youth Advisory Board Member, Brent Ball.

As schools start to prepare, I'd like to share some presentation tips from YAB members!

- Implement attention grabbers to be remembered by
- Be relatable to the audience
- Use facts, numbers, and easy-to-read charts
- Have emotion
- STAY CALM!

If you would like more tips on presentations, contact your Youth Advisory Board Member. Presentation skills will help in many facets of life beyond FFA!

A special thanks to each school for submitting pictures and information about their Food For Thought projects! It has been so great to hear about all of the teams' campaigns, and I wish everyone the best of luck come convention time!

Please contact me with any questions or concerns!

Sincerely,  
Mandy Taylor  
Ohio Corn & Wheat Intern  
Ohio Small Grains Checkoff

## McComb FFA

McComb High School

Advisor: Mr. Jim Pierce

The McComb FFA members participating in the Food For Thought Challenge submitted their proposal in the fall and received a \$500 grant from the Ohio Small Grains Checkoff in November of 2015. The grant was presented at the FFT Kickoff day on November 10th.



Pictured above are McComb Food For Thought team members.

The members of the McComb FFA Food For Thought team are hoping to educate the public about what whole grains are and the health benefits of consuming them. They believe it is important to emphasize what gluten is and what it actually does for the body while clarifying any myths associated with gluten.

Members will be constructing PowerPoints to present their research and development of whole grain products. They will be producing a plan for healthy snacks for all of their elementary classes containing whole wheat and gluten.

They will also be creating and administering surveys to gauge the knowledge of gluten and whole grains in their school and community. Taking this knowledge, they will know what needs to be presented to their students pertaining to the information on gluten and whole grains. They plan to make some public service announcements posts and pictures of students giving their whole grain demonstrations on the school's Facebook page.

Their goal of this challenge is that more people in their school and community will begin using whole grains and people will develop a better understanding of whole grains and how positive gluten can be for the body.

Congratulations on a successful Food For Thought Challenge, McComb!

# Youth Advisory Board Spotlight

Brent Ball

School: Clear Fork High School

Year In School: Senior

School Advising: McComb FFA

How has the FFT Challenge impacted your FFA experience?

*"The Food For Thought Challenge has allowed our chapter to market our Team Whole Grains in the community and become advocates for Ohio Small Grains Marketing Program."*

What is the most valuable lesson you learned by participating in FFT?

*"The most valuable lesson I have learned is that if everyone comes together with this challenge, there is great potential to be successful in promoting agriculture."*

What do you hope to gain out of serving on the Youth Advisory Board?

*"I hope to gain more experience as a leader. I also hope to help my team be successful in marketing healthy lifestyles and gluten to the public."*

What are you involved in outside of FFA?

*"I am a senior class officer, a member of project support, history club, math club, varsity soccer and track."*

If Hollywood made a movie about your life, who would you like to see cast as you and why?

*"I would choose Bradley Cooper because he dedicated everything to the movie American Sniper to make it seem as real as possible in honor of Chris Kyle."*

Thanks, Brent, for sharing with us and advising the McComb FFA Chapter with their Food For Thought Campaign!



March 21st, 2016 | North Union FFA & YAB Member Hayley Brown

March 28th, 2016 | Paint Valley FFA & YAB Member Taylor Stacy



### About The Ohio Small Grains Checkoff

The Ohio Small Grains Checkoff works to improve wheat production, wheat qualities and to strengthen markets for wheat in Ohio as well as wheat export markets. Ohio Small Grains supports educational programs in the state and funds research programs to advance the grain and open new markets. For more information, visit [ohiosmallgrains.org](http://ohiosmallgrains.org)



Contact Mandy Taylor at [mtaylor@ohiocornandwheat.com](mailto:mtaylor@ohiocornandwheat.com) with questions.